



BREAK THE CYCLE

Meath

ACCORD Athlone

Location: Alverna, North Gate Street, (on a private road across from St Vincents Hospital), Westmeath

Telephone: [090 6475491](tel:0906475491)

Email: athloneaccord@eircom.net

Website: www.accord.ie

ACCORD Mullingar

Location: Cathedral Social Services Centre, Bishopsgate Street, Westmeath

Telephone: [044 9348707](tel:0449348707)

Email: accordmullingar@eircom.net

Website: www.accord.ie

ACCORD Navan

Location: St. Annes Community Resource Centre, Railway Street, Meath

Telephone: [046 9023146](tel:0469023146)

Email: accordnavan@eircom.net

Website: www.accord.ie

AIM Family Services

Location: 64 Dame Street, Dublin 2

Telephone: [01 6708363](tel:016708363)

Email: aimfamilyservices@eircom.net

Website: www.aimfamilyservices.ie

AMEN Support Services

Location: St. Anne's Resource Centre, Railway St., Meath

Telephone: [046 9023718](tel:0469023718)

Email: info@amen.ie

Website: www.amen.ie

Ana Liffey Drug Project

Location: 48 Middle Abbey Street, Dublin 1

Telephone: [1800 786828](tel:1800786828)

Website: www.aldp.ie

Barnardos - Athlone Regional Office

Location: Regional Office, Top Floor, Magazine Road, Westmeath

Telephone: [090 64 98466](tel:0906498466)

Email: samantha.conway@barnardos.ie

Website: www.barnardos.ie

Barnardos Centre - Mullingar

Location: 1 Belville Apartments, The Longford Road, Westmeath

Telephone: [044 9335282](tel:0449335282)

Email: info@mullingar.barnardos.ie

Website: www.barnardos.ie

Barnardos Centre- Athlone

Location: 7 Ashdale, Westmeath

Telephone: [090-6476422](tel:0906476422)

Email: info@athlone.barnardos.ie

Website: www.barnardos.ie

Bereavement Support - TURAS LE CHÉILE

Location: Whitestown House, Kildare

Telephone: [086 0566819](tel:0860566819)

Website: www.turaslecheile.com

Bereavement Support - Bethany Bereavement Support Group

Location: c/o Rathfarnham Parish Centre, Willbrook Road, Dublin 14

Telephone: [087 9905299](tel:0879905299)

Email: bethanysupport@eircom.net

Website: www.bethany.ie

Bereavement Support - Bethany St. Camillus Bereavement Support Group

Location: St. Camillus Nursing Centre, Riverstown, Westmeath

Telephone: [044 9375445/ 044 9374196/ 087 9117432](tel:0449375445)

Dowdstown counselling service ltd

Location: Dowdstown house, Dalgan Park, Meath

Telephone: [046 9021407](tel:0469021407)

Email: Dowdstownhouse@eircom.net

Website: www.dowdstownhouse.com

Dublin Counselling & Therapy Centre

Location: 41 Upper Gardiner Street, Dublin 1

Telephone: [01 8788236](tel:018788236)

Email: info@dctc.ie

Website: www.dctc.ie

Dundalk Counselling Centre

Location: Dundalk Counselling Centre 'Oakdene', 3 Seatown Place, Louth

Telephone: [042 9338333](tel:0429338333)

Email: lizmcguckindcc@gmail.com

Website: dundalkcounsellingcentre.ie

Family Resource Centre: Cara Phort

Location: Harbour St, Ballynacargy, Westmeath

Telephone: [044 9373060](tel:0449373060)

Family Resource Centre: Monsignor McCarthy

Location: 13 Battery Heights, Westmeath

Telephone: [090 6494336](tel:0906494336)

Website: monsignormccarthyfrc.wordpress.com

Family Resource Centre: The Peoples Resource Centre

Location: Old Carrick School, Lord Edward St, Meath

Telephone: [046 9247161](tel:0469247161)

Family Resource Centre: Trim

Location: 22 Mornington Drive, Meath

Telephone: [046 9438850](tel:0469438850)

Website: trimfamilyresourcecentre.com/

good2Talk

Location: 1 College Street, Westmeath

Telephone: [044 9332531](tel:0449332531)

Email: info@good2talk.ie
Website: www.good2talk.ie

GP Out of Hours - MIDoc
Location: Laois
Telephone: 1850 302 702
Website: www.hse.ie

GP Out of Hours - NEDOC
Location: North East Doctor on Call Ltd, Farrell Street, Meath
Telephone: 1850 777911
Website: www.nedoc.ie

GROW - Midlands
Location: GROW Midland Region, Bolger House, Patrick Street, Offaly
Telephone: 057 9351124
Email: midlandregion@grow.ie
Website: www.grow.ie

GROW - North Eastern
Location: Louth
Telephone: 078 499 26218
Email: info@grow.ie
Website: www.grow.ie

Hospital - Cavan General Hospital - Mental Health Services
Location: Cavan General Hospital, Lisdarn, Cavan
GP referral needed for this service. Contact your GP for more information.
Website: www.hse.ie/eng/services/list/3/hospitals

Hospital - Connolly Hospital Blanchardstown - Emergency Department
Location: Connolly Hospital Blanchardstown, Dublin 15
Telephone: 01 646 5000
Website: <http://www.hse.ie/eng/services/list/3/acutehospitals>

Hospital - Connolly Hospital Blanchardstown - Mental health services
Location: Connolly Hospital Blanchardstown, Dublin 15
GP referral needed for this service. Contact your GP for more information.
Website: <http://www.hse.ie/eng/services/list/3/acutehospitals>

Hospital - Midland Regional Hospital Mullingar - Emergency Department
Location: Midland Regional Hospital Mullingar, Longford Road, Westmeath
Telephone: 044 93 40221
Website: <http://www.hse.ie/eng/services/list/3/acutehospitals>

Hospital - Our Lady of Lourdes Hospital Drogheda - Emergency Department

Location: Our Lady of Lourdes Hospital Drogheda, Louth
Telephone: 041 9837601
Website: <http://www.hse.ie/eng/services/list/3/acutehospitals>

Hospital - Our Lady's Hospital Navan - Emergency Department
Location: Our Lady's Hospital Navan, Meath
Telephone: 046 9021210
Website: <http://www.hse.ie/eng/services/list/3/acutehospitals>

Hospital - Our Lady's Hospital Navan - Mental Health Services
Location: Our Lady's Hospital Navan, Meath
GP referral needed for this service. Contact your GP for more information.
Website: www.hse.ie/eng/services/list/3/hospitals

Hospital - St. Loman's Hospital Mullingar - Mental Health Services
Location: St. Loman's Hospital, Delvin Road, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Child & Adolescent Mental Health Service Navan
Location: Child & Adolescent Mental Health Service, Hazel House, Kennedy Road, Meath
GP referral needed for this service. Contact your GP for more information.
Website: www.hse.ie/eng/services/list/3/hospitals

HSE Child & Adolescent Mental Health Service Trim
Location: Child & Adolescent Mental Health Service, Trim Primary Care Centre, Barchester Health Care Village, Longwood Road, Meath
GP referral needed for this service. Contact your GP for more information.

HSE Child & Adolescent Mental Health Services Longford/Westmeath
Location: Child & Adolescent Mental Health Services, Midland Regional Hospital Mullingar, Longford Road, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Community Mental Health - Ashbourne
Location: Primary Care Centre, Frederick Street, Meath
GP referral needed for this service. Contact your GP for more information.

HSE Community Mental Health - Athlone
Location: Community mental health, Primary care building, Clonbrusc, Westmeath

GP referral needed for this service. Contact your GP for more information.

HSE Community Mental Health - Mullingar
Location: Green Road, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Community Mental Health Centre - Kells
Location: Meath
GP referral needed for this service. Contact your GP for more information.

HSE Counselling in Primary Care - Dublin North East
Location: CIPC Counselling Coordinator, Dublin North & North City, 34 Brews Hill, Meath
GP referral needed for this service. Contact your GP for more information.
Website: <https://www.hse.ie/eng/services/list/4/mental-health-services/counsellingpc/>

HSE Counselling in Primary Care - North East
Location: CIPC Counselling Coordinator, North East, 34 Brews Hill, Meath
GP referral needed for this service. Contact your GP for more information.
Website: <https://www.hse.ie/eng/services/list/4/mental-health-services/counsellingpc/>

HSE Day Hospital - Navan
Location: Kennedy Road, Meath
GP referral needed for this service. Contact your GP for more information.

HSE Department of Psychiatry - Meath
Location: Our Lady's Hospital Navan, Meath
GP referral needed for this service. Contact your GP for more information.
Website: www.hse.ie/eng/services/list/3/hospitals

HSE Mental Health Intellectual Disability service
Location: 7D Lough Sheever Corporate Park, Robinstown, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Mental Health Services - Clonard House
Location: Navan Community Mental Health Services, 1st Floor HSE Navan Community Mental Health Unit, Athboy Road, Meath
GP referral needed for this service. Contact your GP for more information.

HSE Mental Health Services - Dialectical Behaviour Therapy
Location: National DBT Project Office,, Inniscarraig House, Western Road, Cork
GP referral needed for this service. Contact your GP for more information.

HSE National Counselling Service - Mid Leinster: Laois, Offaly, Longford, Westmeath
Location: HSE National Counselling Service, The Arches, 21 Church Street, Offaly
Telephone: 1800 234 113
Email: thearches.counselling@hse.ie
Website: www.hse.ie/eng/services/list/4/Mental_Health_Services/National_Counselling_Service/

HSE National Counselling Service - North Eastern Area: Navan, Cavan, Louth, Monaghan
Location: HSE National Counselling Service, 34 Brews Hill, Meath
Telephone: 1800 234 117
Website: www.hse.ie/eng/services/list/4/Mental_Health_Services/National_Counselling_Service/

HSE Primary Care Psychology Service - Athlone Network
Location: Community mental health, Primary care building, Clonbrusc, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Primary Care Psychology Service - Mullingar Network
Location: 7A Lough Sheever Corporate Park, Robinstown, Westmeath
GP referral needed for this service. Contact your GP for more information.

HSE Psychiatry of Later Life Service - Blanchardstown
Location: Connolly Hospital Blanchardstown, Dublin 15
GP referral needed for this service. Contact your GP for more information.

HSE Psychiatry of Later Life Service - Longford and Westmeath
Location: Cluain Lir Care Centre, St. Mary's Campus, Longford Road, Westmeath
GP referral needed for this service. Contact your GP for more information.

Jigsaw - Meath
Location: 1 Brews Hill, Meath
Telephone: 046 9071702 / 086 7269626
Email: meath@jigsaw.ie
Website: www.jigsaw.ie/meath

Le Chéile Mentoring & Youth Justice Support Services
Location: Tivoli Training Centre, 24 Tivoli Terrace South, Dublin
Telephone: 01 2144350
Email: info@lecheile.ie
Website: www.lecheile.ie

Living Links - Meath
Location: Meath
Telephone: 087 2731001
Email: Meath@livinglinks.ie
Website: www.livinglinks.ie

Living Links - Offaly
Location: Brocca Rd, Mucklagh, Offaly
Telephone: 086 1600641
Email: offaly@livinglinks.ie
Website: www.livinglinks.ie

Living Links - Westmeath
Location: Westmeath
Telephone: 086 1600641
Email: westmeath@livinglinks.ie
Website: www.livinglinks.ie

Mental Health Ireland - Midlands, Kildare and West Wicklow
Location: Westmeath
Telephone: 086 8353387
Email: finola@mentalhealthireland.ie
Website: www.mentalhealthireland.ie

Mental Health Ireland- Cavan, Louth, Meath & Monaghan
Location: Mensana House, 2 Marine Terrace, Dublin
Telephone: 086 2873526
Email: sean@mentalhealthireland.ie
Website: www.mentalhealthireland.ie

Recovery Self Help Method Ireland - Navan
Location: Dalgan Park, Meath
Telephone: 01 6260775
Email: info@recoveryireland.ie
Website: recoveryireland.ie/

Samaritans - Athlone
Location: 3 Court Devenish, Westmeath
Telephone: 090 6473133
Email: jo@samaritans.ie
Website: www.samaritans.org

Senior Help Line
Location: Third Age Centre, Summerhill, Meath
Telephone: 01 5331811
Email: dleneghan@thirdageireland.ie
Website: www.thirdageireland.ie

Shine - Midlands
Location: 11 O'Connor Square, Offaly
Telephone: 086 8525281 Karen Boylan Regional Officer
Email: midlands@shine.ie
Website: www.shine.ie

Shine - North East
Location: Louth
Telephone: 086 8525422 Derek Pepper Regional Officer
Email: northeast@shine.ie

Website: www.shine.ie

Student Counselling Service - Athlone Institute of Technology
Location: Athlone Institute of Technology, Dublin Road, Westmeath
Telephone: 090 6468064
Email: tfox@ait.ie
Website: www.ait.ie/currentstudents/studentservices/counselling

The Carers Association
Location: Market Square, Offaly
Telephone: 1800 240 724
Email: careline@carersireland.com
Website: www.carersireland.com

Victim Assistance
Location: Community Development Project, Rock Street, Kerry
Telephone: 066 7119830
Email: fedva@eircom.net
Website: www.victimassistanceireland.com

Nationwide

ALONE
Location: Olympic House, Pleasants Street, Dublin 8
Telephone: 01 6791032
Email: enquiries@alone.ie
Website: www.alone.ie

AMEN Support Services
Location: St. Anne's Resource Centre, Railway St., Meath
Telephone: 046 9023718
Email: info@amen.ie
Website: www.amen.ie

Ana Liffey Drug Project
Location: 48 Middle Abbey Street, Dublin 1
Telephone: 1800 786828
Website: www.aldp.ie

Anam Cara
Location: HCL House, Second Avenue, Cookstown Industrial Estate, Dublin 24
Telephone: 01 4045378
Email: info@anamcara.ie
Website: www.anamcara.ie

ARC Cancer Support Centre
Location: ARC House, 65 Eccles Street, Dublin 7
Telephone: 01 8307333
Email: info@arccancersupport.ie
Website: www.arccancersupport.ie

ARC Cancer Support Centre
Location: 557/559 South Circular Road, Dublin 8
Telephone: 01 7078880
Email: info@arccancersupport.ie

Website: www.arccancersupport.ie

Aspire - Asperger Syndrome Association of Ireland

Location: Coleraine House, Carmichael Centre, Coleraine Street, Dublin 7

Telephone: [01 8780027](tel:018780027) / [01 8780029](tel:018780029)

Email: development@aspireireland.ie,
education@aspire-irl.org,

education@aspireireland.ie

Website: www.aspireireland.ie

Aware

Location: 72 Lower Leeson Street, Dublin 2

Telephone: [1800 80 48 48](tel:1800804848)

Email: supportmail@aware.ie

Website: www.aware.ie

Barnardos - Head Office - Dublin

Location: Christchurch Square, Dublin 8

Telephone: [01 4530355](tel:014530355)

Email: info@barnardos.ie

Website: www.barnardos.ie

BeLonG To Youth Service

Location: 13 Parliament Street, Parliament House, Dublin 2

Telephone: [01 6706223](tel:016706223)

Email: info@belongto.org

Website: www.belongto.org

Bereavement Support - Bethany Bereavement Support Group

Location: c/o Rathfarnham Parish Centre, Willbrook Road, Dublin 14

Telephone: [087 9905299](tel:0879905299)

Email: bethanysupport@eircom.net

Website: www.bethany.ie

Bodywhys

Location: Dublin

Telephone: [01 2834963](tel:012834963)

Email: alex@bodywhys.ie

Website: www.bodywhys.ie

Cancer Helpline

Location: Nationwide

Telephone: [1800 200700](tel:1800200700)

Email: reception@irishcancer.ie

Website: www.cancer.ie

CARI Foundation

Location: 110 Lower Drumcondra Road, Dublin 9

Telephone: [01 8308529](tel:018308529) Dublin / [061 582200](tel:061582200)

[Limerick](http://www.cari.ie)

Email: helpline@cari.ie

Website: www.cari.ie

Center for Independent Living (CIL)

Location: Carmichael House, North Brunswick Street, Dublin 7

Telephone: [01 8730455](tel:018730455)

Email: info@dublincil.org

Website: www.dublincil.org

Child and Family Agency Social Workers

Location: Nationwide

Website: www.tusla.ie/services/child-protection-welfare/contact-a-social-worker/

Childline - ISPCC

Location: Nationwide

Telephone: [1800 666666](tel:1800666666) / [116 111](tel:116111)

Email: ispcc@ispcc.ie

Website: www.childline.ie

Childline - Online support

Location: Nationwide

Telephone: [1800 666666](tel:1800666666) / [116 111](tel:116111)

Email: ispcc@ispcc.ie

Website: www.childline.ie

Location: Nationwide

Telephone: [Text: 'Talk' to 50101](tel:50101)

Email: ispcc@ispcc.ie

Website: www.childline.ie

Citizens Information

Location: Nationwide

Telephone: [Citizens Information Phone Service: 0761 074000](tel:0761074000), [Mortgage Arrears Helpline: 0761 074050](tel:0761074050)

Website: www.Citizensinformation.ie

CONNECT

Location: Nationwide

Telephone: [01 8657444](tel:018657444)

Email: admin@connectcounselling.ie

Website: www.connectcounselling.ie

CONNECT Telephone Counselling & Support

Location: PO BOX 10708, Dublin 7, Dublin

Telephone: [01 8657444](tel:018657444)

Email: admin@connectcounselling.ie

Website: www.connectcounselling.ie

Drugs.ie

Location: Nationwide

Email: info@drugs.ie

Website: www.drugs.ie

Epilepsy Ireland

Location: 249 Crumlin Road, Nationwide

Telephone: [01 4557500](tel:014557500)

Email: info@epilepsy.ie

Website: www.epilepsy.ie

Exchange House Ireland - National Traveller Suicide Prevention Service

Location: 61 Great Strand Street, Dublin 1

Telephone: [01 872 1094](tel:018721094)

Email: info.ntsps@exchangehouse.ie

Website: www.exchangehouse.ie

Family Mediation Service

Location: Nationwide

Telephone: [01 811 8650](tel:018118650)

Website: www.legalaidboard.ie/lab/publishing.nsf/content/Family_Mediation_Service

Find your local GP - ICGP

Location: Dublin 2

Telephone: [01 6763705](tel:016763705)

Email: info@icgp.ie

Website: www.icgp.ie/go/find_a_gp

Focus Ireland

Location: 9 - 12 High Street, Christchurch, Dublin 8

Telephone: [01 8815900](tel:018815900)

Email: info@focusireland.ie

Website: www.focusireland.ie

Free Legal Advice Centres

Location: 13 Lower Dorset Street, Nationwide

Telephone: [01 8745690](tel:018745690)

Email: info@flac.ie

Website: www.flac.ie

Friends of the Elderly

Location: 25 Bolton Street, Dublin 1

Telephone: [01 8731855](tel:018731855)

Email: info@friendsoftheelderly.ie

Website: www.friendsoftheelderly.ie

Garda Stations Nationwide

Location: Nationwide

Website: www.garda.ie/Stations/Default.aspx

Gay Switchboard Ireland

Location: Outhouse, 105 Capel Street, Dublin 1

Telephone: [01 8721055](tel:018721055)

Email: director@gayswitchboard.ie

Website: www.gayswitchboard.ie

GROW in Ireland

Location: Apt 6 Forrest Mews, Forrest Road, Dublin

Telephone: [1890 474 474](tel:1890474474)

Email: info@grow.ie

Website: www.grow.ie

HADD (Hyperactive Attention Deficit Disorder)

Location: Carmichael Centre, North Brunswick Street, Dublin 7

Telephone: [01 8748349](tel:018748349)

Email: info@hadd.ie

Website: www.hadd.ie

Headspace Toolkit Online

Location: Nationwide

Telephone: [01 6362400](tel:016362400)

Email: info@mhcir.ie

Website: headspaceireland.ie/

Headway Ireland

Location: Headway Ireland, Blackhall Green, Off Blackhall Place, Dublin 7

Telephone: [01 6040800](tel:016040800)

Email: info@headway.ie / helpline@headway.ie

Website: www.headway.ie

Hearing Voices Ireland (HVI)

Location: 8 Newenham Street, Limerick, Limerick

Telephone: [087 9259146](tel:0879259146)

Email: voicesireland@gmail.com

Website: www.voicesireland.com/

Helplink Support Services (helplink.ie)

Location: 1st Floor, The Plaza, Headford Road, Galway

Telephone: [\(091\) 759887](tel:091759887)

Email: helplinksupport@helplink.ie

Website: www.helplink.ie

HSE - Find health services near you

Location: Nationwide

Website: www.hse.ie/eng/services/maps/

HSE Drug and Alcohol Helpline

Location: Nationwide

Telephone: [1800 459 459](tel:1800459459)

Email: helpline@hse.ie

Website: www.hse.ie/go/drugshivhelpline

HSE Elder Abuse Service

Location: Nationwide

GP referral needed for this service. Contact your GP for more information.

Website: hse.ie/eng/services/list/4/olderpeople/elderabuse/Contact/

HSE Farm & Rural Stress Helpline

Location: Nationwide

Telephone: [1800 742 655](tel:1800742655)

Email: farmandruralstress@hse.ie

HSE Information Line

Location: Nationwide

Telephone: [1850 241 850](tel:1850241850)

Email: infoline1@hse.ie

Website: www.hse.ie

HSE N.O.V.A. (National Office for Victims of Abuse)

Location: 19 Upper Ormond Quay, Dublin 7

Telephone: [1800 252 524](tel:1800252524)

HSE Service Finder

Location: Nationwide

Website: www.hse.ie/eng/Find_a_service

Irish Advocacy Network

Location: Irish Advocacy Network Ltd., C/o Health Care Unit, Monaghan

Telephone: [047 38918](tel:04738918) or [047 72863](tel:04772863)

Email: admin@irishadvocacynetwork.com

Website: www.irishadvocacynetwork.com/

Irish National Organisation of the Unemployed
Location: Araby House, 8 North Richmond Street, Dublin 1
Telephone: [01 8560088](tel:018560088)
Email: info@inou.ie
Website: www.inou.ie, www.redundancy.ie

Irish Patients Association
Location: 24 Church Road, Dublin 1
Telephone: [01 2722555](tel:012722555)
Email: info@irishpatients.ie
Website: www.irishpatients.ie

Irish Refugee Council Drop-In Centre
Location: 37 Dame Street, Dublin 2
Telephone: [01 7645854](tel:017645854)
Email: info@irishrefugeecouncil.ie
Website: www.irishrefugeecouncil.ie/information-and-referral-service

Irish Wheelchair Association
Location: Irish Wheelchair Association, National headquarters, Aras Chuchulainn, Blackheath Drive, Dublin 3
Telephone: [01 8186400](tel:018186400)
Email: info@iwa.ie
Website: www.iwa.ie

Jigsaw - Tallaght
Location: County Hall, Block 3, Belgard Square North, Dublin 24
Telephone: [01 4649350](tel:014649350)
Email: tallaght@jigsaw.ie
Website: www.jigsaw.ie/tallaght

Law Centres - Civil Legal Aid
Location: Nationwide
Telephone: [LoCall: 1890 615 200](tel:LoCall:1890615200)
Website: www.legalaidboard.ie/lab/publishing.nsf/Content/Law_Centres

Legal Aid Board - Services for Asylum Seekers
Location: Nationwide
Telephone: [LoCall: 1890 615 200](tel:LoCall:1890615200)
Website: www.legalaidboard.ie/lab/publishing.nsf/Content/RLS_Offices

LGBT Helpline
Location: Nationwide
Telephone: [1890 929539](tel:1890929539)
Email: info@lgbt.ie
Website: www.lgbt.ie

LGBTMentalHealth.ie
Location: Nationwide
Website: www.lgbtmentalhealth.ie

M.A.B.S. – Money Advice and Budgeting Service
Location: Nationwide, Nationwide
Telephone: [1890 283 438](tel:1890283438)
Email: info@mabs.ie

Website: www.mabs.ie

Men's Sheds: National Service
Location: Consult website for address of your local Men's Shed, Nationwide
Telephone: [051 448725](tel:051448725)
Website: www.menssheds.ie/

Mental Health Ireland - Head Office
Location: Mensana House, 2 Marine Terrace, Dublin
Telephone: [01 2841166](tel:012841166)
Website: www.mentalhealthireland.ie

Mental Health Reform
Location: Coleraine House, Coleraine Street, Dublin 7
Telephone: [01 874 9468](tel:018749468)
Email: info@mentalhealthreform.ie
Website: www.mentalhealthreform.ie

Mental Health Reform's MentalHelp.ie directory
Location: Coleraine House, Coleraine Street, Dublin 7
Telephone: [01 8749468](tel:018749468)
Website: <http://mentalhelp.ie/>

MentalDrinking.ie
Location: Nationwide
Website: www.mentaldrinking.ie

MORE Move (Men Overcoming Violence)
Location: Unit 2, First Floor, Clare Road Business Mall, Clare Road, Clare
Telephone: [065 6848689](tel:0656848689)
Email: move@moveireland.ie
Website: www.moveireland.ie/

Muscular Dystrophy Ireland
Location: 75 Lucan Road, Dublin 20
Telephone: [01 6236414](tel:016236414)
Email: info@mdi.ie
Website: www.mdi.ie

National Advocacy Service for People with Disabilities
Location: Nationwide
Telephone: [0761 07 3000](tel:0761073000)
Website: www.citizensinformationboard.ie/services/advocacy_services/

National Crime Victims Helpline
Location: Nationwide
Telephone: [Free Phone 116 006, TEXT on 085 1337711](tel:FreePhone116006),
Email: info@crimevictimshelpline.ie
Website: www.crimevictimshelpline.ie

National Educational Psychological Service
Location: Department of Education and Skills, Marlborough Street, Dublin
Telephone: [01 8892700](tel:018892700)
Email: neps@education.gov.ie

Website: www.education.ie

Niteline Dublin

Location: Dublin

Telephone: [1800 793 793](tel:1800793793)

Email: info@niteline.org

Website: www.niteline.ie

Nurture

Location: Bedrock, Sundrive Road, Dublin

Telephone: [01 8430930](tel:018430930)

Email: admin@nurturepnd.org

Website: nurturepnd.org/

OCD Ireland

Location: OCD Ireland, c/o 24 Premier Square, Finglas Road, Dublin 11

Email: info@ocdireland.org

Website: www.ocdireland.org

One in Four

Location: 2 Holles St, Dublin 2

Telephone: [01 6624070](tel:016624070)

Email: info@oneinfour.ie

Website: www.oneinfour.ie

Parentline

Location: Nationwide

Telephone: [1890 927277](tel:1890927277) / [01 8733500](tel:018733500)

Email: info@parentline.ie

Website: www.parentline.ie

PleaseTalk.org

Location: Nationwide

Email: info@pleasetalk.ie

Website: www.pleasetalk.org

Positive Age Helpline

Location: Centre For Social Gain, St. Felim's Complex, Cavan

Telephone: [049 436 0433](tel:0494360433)

Email: support@PositiveAge.net

Website: www.positiveage.net/

Positive Options

Location: Nationwide, Dublin

Telephone: [Freetext 'list' to 50444](tel:080050444)

Website: www.positiveoptions.ie

Post Natal Distress Association - Cork

Location: Cork Maternity Hospital, Cork

Telephone: [021 4922083](tel:0214922083)

Email: support@pnd.ie

Website: www.pnd.ie

Rainbows Ireland

Location: Loreto Centre, Dublin 12

Telephone: [01 4734175](tel:014734175)

Email: ask@rainbowsireland.com

Website: www.rainbowsireland.com

Rape Crisis Network Ireland

Location: 4 Prospect Hill, Galway

Telephone: [1800 778888](tel:1800778888)

Website: www.rapecrisishelp.ie/

ReachOut.com

Location: Nationwide

Telephone: [01 7645666](tel:017645666)

Website: www.reachout.com

See Change (Shine)

Location: 38 Blessington St., Dublin 7

Telephone: [01 5413715](tel:015413715)

Email: info@seechange.ie

Website: www.seechange.ie

Senior Help Line

Location: Third Age Centre, Summerhill, Meath

Telephone: [01 5331811](tel:015331811)

Email: dleneghan@thirdageireland.ie

Website: www.thirdageireland.ie

Shine - Head Office

Location: Shine Doc, Block B, Maynooth Business Campus, Co Kildare, Kildare

Telephone: [01 5413715](tel:015413715)

Email: info@shine.ie

Website: www.shine.ie

Simon Communities of Ireland

Location: Simon Communities of Ireland

National Office, St. Andrew's House, 28/30

Exchequer St, Dublin 2

Telephone: [01 6711606](tel:016711606)

Email: info@simoncommunity.com

Website: www.simon.ie

Society of St Vincent de Paul

Location: SVP House, 91/92 Sean Mac Dermott Street, Dublin 1

Telephone: [01 8386990](tel:018386990)

Email: info@svp.ie

Website: www.svp.ie

SpunOut.ie

Location: Nationwide

Telephone: [01 6753554](tel:016753554) / [083 1484527](tel:0831484527)

Email: info@spunout.ie

Website: www.spunout.ie

SteppingUp.ie

Location: Nationwide

Website: steppingup.ie/

Sticks and Stones

Location: CFCEP (Centre for Creative Practices), 15 Lower Pembroke Street, Dublin 2

Telephone: [087 9015199](tel:0879015199)

Email: info@sticksandstones.ie

Website: www.sticksandstones.ie

Suicide or Survive

Location: Stonebridge House, Stonebridge Close, Dublin

Telephone: [1890 577 577](tel:1890577577)

Email: info@suicideorsurvive.ie
Website: www.suicideorsurvive.ie

Teen-Between

Location: 38 Upper Fitzwilliam Street, Dublin 2
Telephone: [01 6785256](tel:016785256)
Email: teenbetween@relationshipsireland.com
Website: www.teenbetween.ie

The Men's Development Network

Location: 30 O'Connell Street, Waterford
Telephone: [051 844260](tel:051844260)
Email: men@mens-network.net
Website: www.mensdevelopmentnetwork.ie,
www.whiteribbon.ie, www.mend.ie

The Miscarriage Association of Ireland

Location: Carmichael House, North Brunswick Street, Dublin 7
Telephone: [01 8735285](tel:018735285)
Email: info@miscarriage.ie
Website: www.miscarriage.ie

Transgender Equality Network Ireland (TENI)

Location: Floor 2, 4 Ellis Quay, Dublin 7
Telephone: [01 8733575](tel:018733575)
Email: office@teni.ie
Website: www.teni.ie/

Turn2Me

Location: 1st Floor, 29/31 South William Street, Dublin 2
Telephone: [087 3448429](tel:0873448429)
Email: info@turn2me.org
Website: www.turn2me.org/

Watch Your Space

Location: Nationwide
Website: www.watchyourspace.ie

WebWise

Location: Nationwide
Website: www.webwise.ie

Women's Aid

Location: 5 Wilton Place, Dublin 2
Telephone: [01 6788858](tel:016788858)
Email: info@womensaid.ie
Website: www.womensaid.ie